Ven Conmigo 2 (Chapter 5)

KAROTESR В I R C S Ν LOSÉC SQOT QEV Y A C 0 RRDNOSNOSEA X D DS P M X $\mathsf{E} \mathsf{N} \mathsf{U}$ Α RAFA S U KMP Q CLLE S SUY T I Α C S C GRO S C Ñ A XREMYONE Ε L D G ı Ε DURDO В D JO Α Н ΑZ M W RCF J U Ε S н А 0 Α M 0 В SRN U C RÑ S C Т FHEGRR X CKDM Ε Ν Α Α D 1 Ε C F S P V C Χ S 0 D D UÑ S Т Т Α I M Ε C S RRDED ı C R SS Р Α S Т M Α R S É М E A S TQMS R Т S Ε X TOORLEUF T E RΧ В CHFEUZESRASNA

FAT
KNEE
HABIT
ENOUGH
HEALTHY
TO AVOID
TO ENROLL
WELL-BEING
TO DEDICATE
TO GET TIRED
GET INTO SHAPE
TO HAVE A CRAMP
MOUNTAIN CLIMBING
FOR (A PERIOD OF TIME)

NECK
WRIST
ANKLE
STRESS
TO MOVE
TO SWEAT
TO SPRAIN
TO REMEMBER
DON'T BE...
I ALREADY KNOW
IT'S NECESSARY
TRACK AND FIELD
IT'S JUST THAT...

DIET
ELBOW
HEALTH
ROWING
SHOULDER
SWIMMING
TO BREATHE
COMPETITION
STOP SMOKING
DON'T ADD SALT
TO ACHE/TO HURT
CALF (OF THE LEG)
TO INJURE (ONESELF)

Solution

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KAROTESRIBIRCS
SQOTQEVIYALOSÉCC
X D D R R D N O S N O S E A S Q
SSIQAOUENUPMXAFU
    EKMPLRAFASUQD
    ESSUYACSITIJV
    CGROFPSAXCLÑY
  MYONERELDLGIEA
        NVBDJOAFETT
         ROMAZLMWNÍNIT
           AMOJUEBITSOO
          SCTFHEGRRXEMM
          IADICKDMUEEJO
        D
          CFSPVCXSUDA
        A
S
          EIMUÑECAGSSOB
        SPL
            ASTIMARSEOE
  P L M E A S T Q M S É R T S E A L X
T O O R L E U F T E R X B Y S I R H
F B L I C H F E U Z E S R A S N A C P G
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